

<sup>ST</sup> **ANDREW'S**  
YOUTH CLUB

# IMPACT REPORT 2025

**Supporting Young People  
To Thrive**

Charity no. 1103322





# **WELCOME FROM OUR CEO**

## **Welcome to St Andrew's Impact Report for 2025.**

We have had another exciting year at St Andrew's Club with some fantastic developments. We supported over 460 young people, worked with over 15 charity partners, increased our work for children with Special Educational Needs, created a new girls' football team and employed 12 young people from the local community as Youth Workers.

I hope you enjoy reading all about this and more in the following pages.

Thanks to our amazing community of supporters and partners – this work would not be possible without you.

**Sarah Nicholls – CEO**

## ABOUT ST ANDREW'S

**St Andrew's has supported young people for over 159 years.**

The Club supports local children from the age of five through to adulthood. Over 75% of our young Members live in Westminster.

St Andrew's is open 48 weeks of the year with activities offered seven days a week.

Our range of sports, skills, creative and well-being activities are delivered by our amazing team of Youth Workers and Sports Coaches.

At St Andrew's, young people develop the skills, self-confidence and resilience to help them reach their potential in adulthood.





## THE NEED IN OUR COMMUNITY

**St Andrew's neighbourhood is one of the most deprived in England\*.**

Most of the Club's young members are from low-income families. Over 50% are entitled to free school meals and many live in overcrowded homes with little space for play.

This can mean that young people are vulnerable to missing enriching opportunities that support their development.

St Andrew's is vital to the community, it provides a safe space for young people to spend time outside of school, where their personal development is nurtured.

\*St Andrew's neighbourhood is in the top 5% of most deprived in England. Taken from Index of Multiple Deprivation (IMD) 2025

# VITAL ROLE OF YOUTH WORKERS

## St Andrew's Youth Workers are role models for young people.

Our fantastic team of Youth Workers and Sports Coaches are trusted adults who provide a safe and welcoming space where young Members feel comfortable to talk, share their worries and ask for guidance.

Through encouragement, engaging activities and genuine care, our Youth Workers help build young people's resilience, social skills and confidence.

Whether leading activities, coaching sports or simply listening, they act as positive role models who inspire young people to try new things and make positive choices.



# 2025: OUR YEAR IN NUMBERS



# WHAT OUR COMMUNITY TELLS US

We regularly ask young people and parents for feedback and they said....

"I would be so bored without the Club in the holidays, there's so much to do"

- Young Person

"I think St Andrews's is a great club for children... it is unique and amazing"

- Young Person

"We would be lost without The Andrew's it is an amazing place for children to be and if you work an affordable place for children to have fun" - Parent

"The St Andrew's Youth Workers always make me feel amazing about myself"

- Young Person

"The Club has had a major impact on my child's life. Learning new skills, taking part in activities that really helped build confidence, making friends and socialising. We are lucky to have such a wonderful place and the staff are fantastic"

-Parent

"Thank you so much to St Andrew's team and all the staff, my child had an amazing time"

-Parent

"My favourite thing about St Andrew's is getting to socialise and spend time with my friends, who I don't get to see as much"

- Young person

# WHAT WE DELIVERED IN 2025

We offer Youth activities 7 days a week, 48 weeks of the year



## Sports & Physical Activity

Each week, in term time, we delivered 14 hours of sports-football, basketball, boxing and roller disco. In the holidays, Members enjoyed cricket, canoeing, archery and more



## Daily Social Space

Young people spend time with friends and Youth Workers in our social space – playing pool, table tennis and chess, gaming, and joining creative sessions



## Mental Health Support

A Mental Health Worker from WCL MIND supported the well-being of young people once a week. We also ran weekly group well-being workshops



## Skills Building

Weekly cooking and baking classes, skills workshops on issues like staying safe on the streets, and a bike maintenance project helped to increase young people's life skills



## New Experiences

Young people have the chance challenge themselves and to try new hobbies – including outdoor adventure trips where Members tried abseiling and orienteering

# IMPACT ON YOUNG PEOPLE

We regularly survey young people to ensure we providing the support they need.



## Improved Physically Health

91% of young people surveyed said they enjoyed sports at St Andrew's

## Reduced Social Isolation

97% of young people survey said they had made a friend since joining the Club

## Positive Mental Health

80% of young people surveyed said they feel calm and relaxed at St Andrew's

## Development of New Skills

92% of young people surveyed agreed with the statement 'I can do most things if I try'

## Access to New Opportunities

82% of young people surveyed said they had tried something new at the Club



## **SPECIAL EDUCATIONAL NEED SUPPORT**

**Around 8-10% of young Members have a Special Educational Need (SEN).**

St Andrew's aims to be as inclusive as possible. We employ two specialist SEND Youth Workers in our Junior Club. In 2025 we introduced a new SEN support plan process to ensure we work with parents to meet the needs of their child.

In November 2024, the Club created a Sensory Room for young people with Special Educational Needs. It offers a quiet space where children who might feel overwhelmed by the loud bustling excitement of the main Club can relax. This ensures all young people feel included and supported at St Andrew's.

# YOUTH EMPLOYMENT PROGRAMME

**Around 70% of our Youth Workers were Members as children.**

Our Youth Development Employment Programme (YDP) supports local people aged 15–25 to gain the skills and experience to become Youth Workers at St Andrew's. Our youth Members benefit from inspirational leaders and role models from the local community.

In 2025, twelve young people took part in the Youth Development Programme.

**100% of YDP participants surveyed said St Andrew's had improved their communication and leadership skills.**





### **JUNIOR MEMBER OF THE YEAR**

This Member always bringing a cheeky fun attitude, ready to help at the drop of a hat and continuously growing in maturity it's safe to say Junior Club wouldn't be the same without her!

## **AWARDS NIGHT 2025**

### **Celebrating young people's achievements.**

Our annual awards night in July 2025 was the perfect end to the school year and a wonderful opportunity to acknowledge young people's progress and achievements.

At St Andrew's, we believe it's important to recognise accomplishments and this special evening highlighted the dedication and hard work of our Members in front of their parents, peers, and our Youth Worker team.

In total, 29 young people received awards recognising their individual talents and achievements in chess, boxing, football, cooking, art and plenty more – highlighting the broad range of opportunities at the Club for children to explore new talents.

## **PARTNERSHIP WORK**

**St Andrew's worked with over 15 different partners and schools.**

In 2025, we worked with over 15 charity partners and local schools to ensure we are offering a wide range of unique and exciting opportunities to young people. As the South Westminster 'Youth Hub', we provide a space for other charities, some with no permanent base, to deliver their work– this helps strengthen joint working and youth provision in Westminster.

A massive thank you to every charity partner who supported young people at St Andrew's, including: The Avenues Youth Project, WCL MIND, Impact Dance, Met Police, Treasure Boxing, Eat Club, Fun Kids and many more.



## GIRLS GROUP IN ACTION



\*To protect their identity, we have changed the Members name and different Youth Members are featured in this photo

## GIRLS' GROUP: JEANINE

Jeanine has attended the weekly Girls' Group for over a year. She describes it as a safe space where she can speak openly: "I felt safe as I could talk about things I wanted."

The girls choose their own activities, which Jeanine enjoys. She finds the girls-only environment empowering: "Because only girls can join, we can talk privately about girly things." Through the group, Jeanine has gained confidence, learned to manage her emotions, and improved her social skills.

Jeanine feels supported by Youth Worker Louise: "If I have a question or a problem, I can speak with staff without feeling uncomfortable or embarrassed."

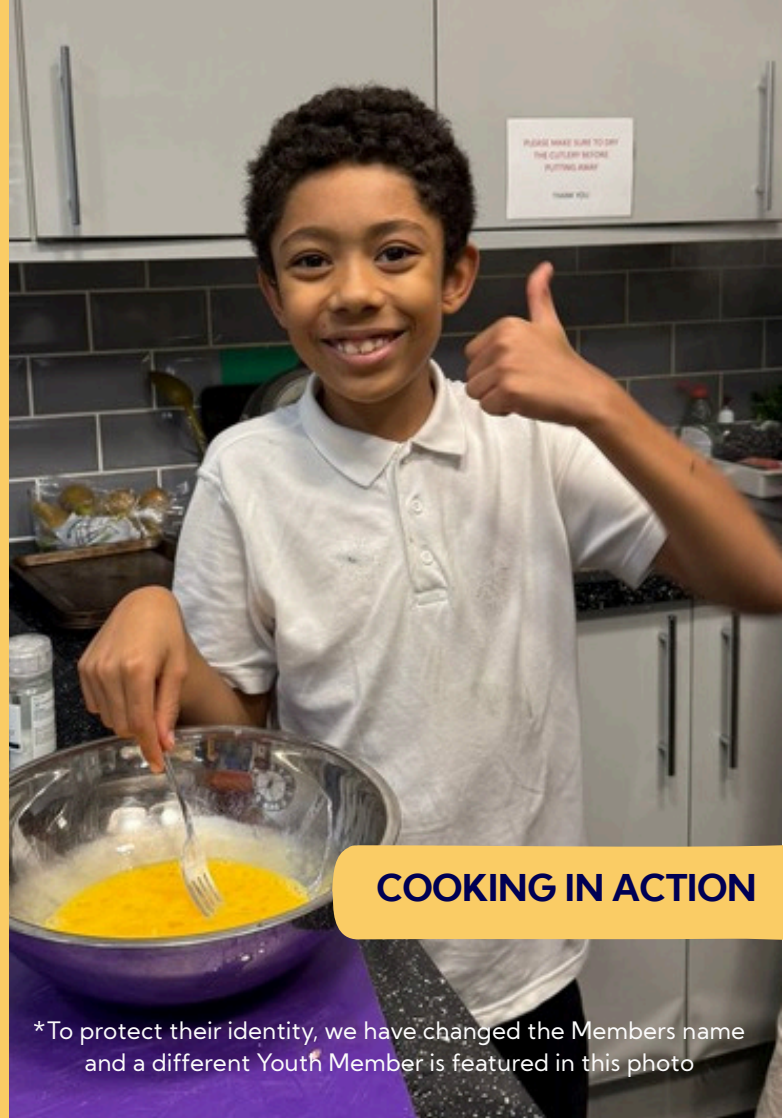
Louise adds: "It's been a pleasure to see Jeanine grow. She's become more confident and expressive, and is now a key member of the group."

## COOKING SKILLS: TOM

Tom, 10, was enthusiastic about cooking but lacked confidence and basic understanding of cooking and safety in the kitchen. Youth Worker Louise spent time supporting him one on one, to help him learn the basics of food safety, cooking, chopping and how to work safely near the hob and oven.

Through regular attendance and with the support of Louise, Tom has grown into a more competent cook, learnt new skills and grown in confidence. Tom says cooking is his favourite activity at St Andrew's.

Louise says: "There's a special moment when a young person tastes something they've made, and you see that spark of joy and achievement. It's not about cooking, it's about helping them believe in themselves, learn life skills and feel a sense of belonging and accomplishment."



**COOKING IN ACTION**

\*To protect their identity, we have changed the Members name and a different Youth Member is featured in this photo



## Supporting Young People To Thrive

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[www.standrewsclub.com](http://www.standrewsclub.com)

To get involved or support St Andrew's contact our  
Head of Fundraising [Trish@standrewsclub.com](mailto:Trish@standrewsclub.com)

**To make a donation to St  
Andrew's scan the QR Code**

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we only ran a small print run of this Impact Report and  
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Charity no. 1103322